

ChillowPLUS® Instructions

*Due to minor marketing changes design or otherwise, the product contained may differ slightly from the one shown here

Congratulations on your Chillow® purchase. We have ensured your Chillow® has no leaks by compressing it with a vacuum seal. Please read all precautions & instructions on the front and back of this sheet so that your Chillow® experience is the most comfortable it can be. **Use Velcro & "Stick 'n Grip" add ons to customize Chillow® use**

Add water

Step 1. Unroll your Chillow® valve side up on a clean, waterproof surface. Remove the valve cap. Using a calibrated measuring container, slowly pour in 8-10 cups of warm tap water. A little spill is o.k. Replace cap, snap it back on valve tightly.

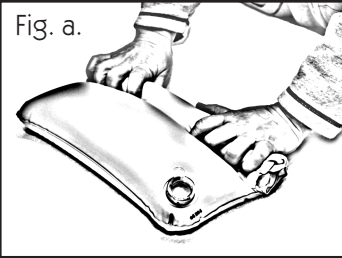
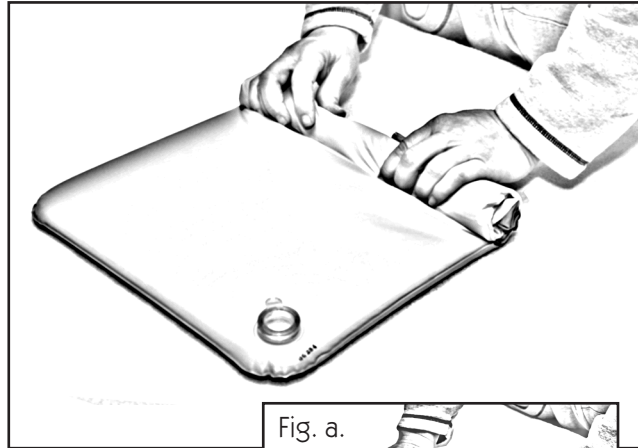


Tip: 8-10 cups = 64oz-80oz
You may find a small funnel useful.



REST for 4hrs then Roll air bubble

Step 2. Make sure cap is securely fastened on valve. **Let capped Chillowset flat for 4 hours to activate.** After 4 hrs, slowly roll the "valveless" end of the Chillow® like a sleeping bag. This will force air in the unit into an airpocket bubble at the valve end. (Fig. a.)

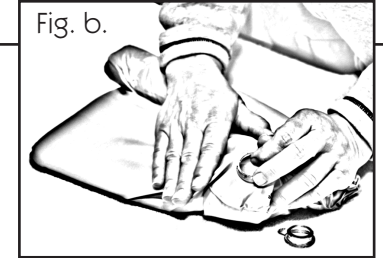


Release air bubble

Step 3. Holding your roll and air bubble in place, lift valve corner, slowly uncap valve to release air. Slowly sweep your arm across the deflating air pocket, forcing out all remaining air. (Fig. b.) Once you have removed all air, recap the valve to create a vacuum seal.



Tip: Slightly elevate valve corner, then release the air bubble.



Let cool...



Step 4. Let capped Chillow® set (avoid direct sunlight) to fully cool down. It should appear wrinkly & vacuum packed as shown to the left. If not, repeat steps 2 & 3 until all air is removed. **ALL WATER + NO AIR = COOL ChillowPLUS®**

To Clean: Wipe gently with a damp cloth & mild dish soap. Hygiene: **DO NOT SHARE THE CHILLOW**

To Store: Leave water sealed in. **DO NOT EMPTY WATER**. Store flat at room temperature on top of a towel or soft absorbent surface. Leave uncovered to breathe.

Over time water may evaporate naturally from your Chillow®. A filled Chillow® has a maximum weight of about 5 lbs. Add water if evaporation occurs.

ChillowPLUS® is a **personal** comfort device, feeling cold to some, mildly cool to others & not cool enough to extremely hot individuals (try refrigerating for 15-30 min)

Velcro & "Stick 'n Grip" Add-ons

(A) Space large "stick 'n grip" feet across one long end of ChillowPLUS® to help keep product in place on fabrics.
(B) Or use velcro pairs to create a cool ChillowPLUS® wrap.
(C) Or discard add-ons and enjoy the smooth, two-way cooling surface of our Hydro-Soothe backside.

